

Trend Setters: How Time-Series Momentum Works Across Market Cycles

- + Trend is a time-series, momentum-based alternative risk premia strategy.
- + It has provided a consistent and diversifying source of return across varying market conditions, even during periods of high inflation.
- + We enhance the risk-adjusted return profile of our trend strategy using machine-learning techniques.

Where to turn in times of market stress

The first half of 2022 has hinted at a year that keeps on giving. Unfortunately, what the year has given so far is pain to investors. It is rare to see two back-to-back quarters in which both stocks and bonds lose money. Persistently high inflation has helped commodities offset stock and bond losses, but even the commodity rally has lost traction as central bankers pivot to tightening.

Traditional long-only exposures to bonds, stocks, and commodities can expose investors to macroeconomic risks:

- Bonds have done well when growth falters but not when inflation has been rising.
- Equities may hold up to mild inflation, but extreme inflation or slowing growth could threaten profits.
- Commodities may rise with inflation, but slow growth could be a strong headwind to gains.

These exposures to traditional economic risks are why investors have sought out other sources of returns from alternative risk premia (ARP) strategies. ARP strategies have their own risks,

but these risks tend to diversify traditional economic risks. One particular ARP that has performed very well so far this year is trend. Here we explain trend, how we use machine learning to enhance the trend signal, and how we use it to diversify portfolios.

How trend can help

Trend following, or time-series momentum, is a rules-based investment strategy that uses both long and short positions to generate returns. It is based on the assumption that a trend (positive or negative) is likely to persist — that winning assets are more likely to continue gaining while losing assets are more likely to continue to underperform.

Equities and bonds are expected to compensate investors for bearing systematic risk directly linked to economic cycles. Equity investors are exposed to growth risks, and bond investors are exposed to inflation risks. The drivers for this trend strategy are somewhat different. They can largely be categorized as behavioral biases existing in financial markets such as the anchoring effect and herding phenomenon. Anchoring happens when markets underreact to news, while herding occurs when markets eventually overreact to news beyond a level



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justified by fundamentals. Because these behavioral biases are not necessarily synced with growth and inflation cycles, we expect trend to deliver robust performance regardless of the economic environment.

Consistency across environments

To illustrate how traditional long-only stocks, bonds, and commodities expose investors to growth and inflation risks while trend may cut through these different risks, we classified each month from February 1965 through June 2022 into one of four different economic regimes:

- High inflation, high growth
- High inflation, low growth
- Low inflation, high growth
- Low inflation, low growth

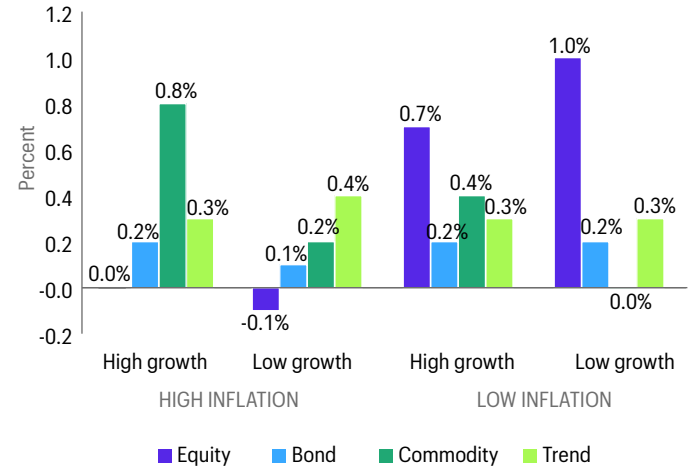
The regimes were determined in a simple and consistent way, looking at the most recent period of year-over-year U.S. Consumer Price Index and year-over-year U.S. real gross domestic product (GDP). If the year-over-year CPI was above (below) the period median (2.9% year over year), we consider the period to be high (low) inflation. For GDP, the period median was 3.2% year over year.

To calculate a long-term illustrative trend proxy starting in 1965, we applied a naïve return-based trend signal to a simple universe consisting of S&P 500 futures, U.S. 10-year Treasury futures, and the Bloomberg Commodity Index.¹

Exhibit 1 shows the average monthly excess returns for both trend and the underlying assets grouped by the four regimes. It is obvious that the profitability of trend is pervasive regardless of the regime we are in (light green bars). This is a stark contrast to the economic sensitivity for the underlying assets which the trend signal is based on. For example, commodities are very profitable in the high growth and high inflation regime, but not so effective when both growth and inflation are low (dark green bars). Equities performed poorly when inflation was high (violet bars), while bonds did not fare well when inflation was high and growth was low (light blue bars).

EXHIBIT 1: TREND DELIVERED CONSISTENT RETURNS ACROSS EACH REGIME

AVERAGE MONTHLY EXCESS RETURNS UNDER DIFFERENT REGIMES FOR TREND AND ITS UNDERLYING ASSETS



For illustrative purposes only.

Sources: Bloomberg, Federal Reserve Economic Data, and Allspring Global Investments calculations, February 1965 to June 2022. We use S&P 500 futures returns to represent equity, U.S. 10-year Treasury futures returns to represent bonds, and the Bloomberg Commodity Index (BCOM) excess return to represent commodities. Proxy calculations were used for periods before the futures returns data became available for S&P 500 futures and U.S. 10-year Treasury futures. The trend strategy is constructed by running the Allspring proprietary trend signal based on price momentum over the short-to-medium term on the above universe.

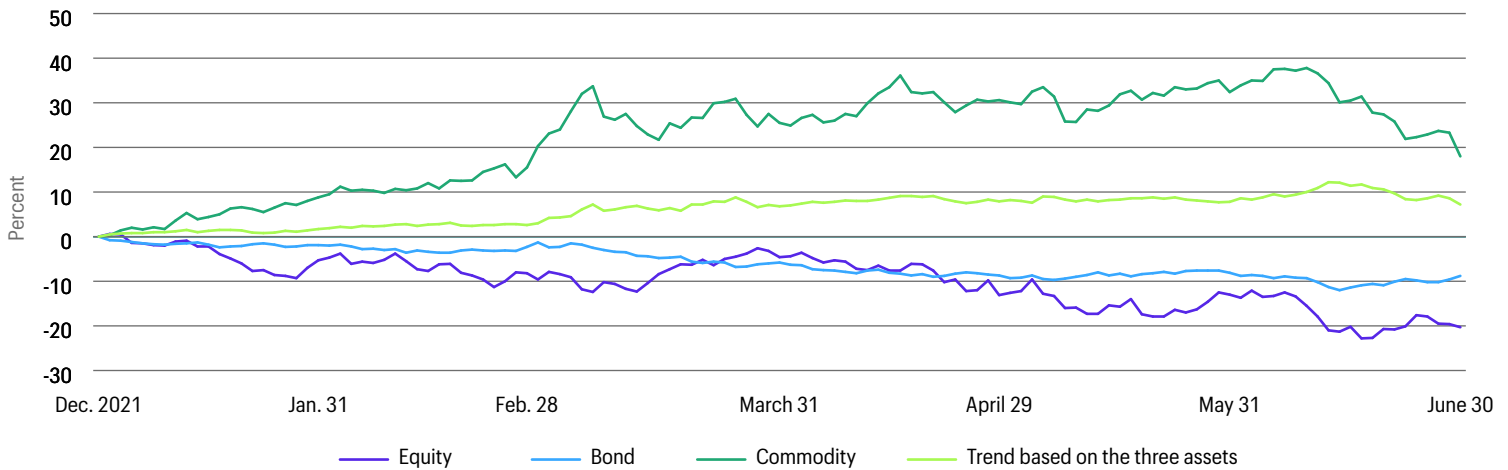
In the most recent period in 2022, which has seen high inflation and low growth, equities and bonds had a meaningful drawdown for the first six months while commodities gained. Trend provided a robust positive return in the same period (Exhibit 2).

1. The return for S&P 500 futures prior to its trading was proxied by subtracting the total return of S&P 500 Index with the three-month cash rate; the return for U.S. 10-year Treasury futures prior to its trading was proxied internally by a combination of the U.S. 10-year yield, three-month cash rate, and the duration of the U.S. 10-year bond.



EXHIBIT 2: TREND PERFORMED WELL IN THE RECENT MARKET ENVIRONMENT

RECENT PERFORMANCE OF TRADITIONAL ASSET CLASSES AND TREND



For illustrative purposes only.

Sources: Bloomberg, Federal Reserve Economic Data, and Allspring Global Investments calculations, December 2021 to June 2022. We use S&P 500 futures returns to represent equity, U.S. 10-year Treasury futures to represent bonds, and the Bloomberg Commodity Index (BCOM) excess return to represent commodities. The trend strategy is constructed by running the Allspring proprietary trend signal based on price momentum over the short-to-medium term on the above universe.

Resolving trend-specific challenges

Managing a trend strategy has its own unique challenges. The biggest challenge may be in how to calibrate the signal as to which assets to hold long and which to hold short, so the strategy can balance between reactivity and stability. Setting the trend signal to calibrate at a rate that is fast tends to make the strategy reactive during turning points, but a fast signal is also more likely to react to noise instead of capturing the true trend that may persist in the future. The opposite is equally true; while calibrating the trend signal at a slower rate can filter out abnormal price movements that are deemed to be noise, it can result in failing to react as quickly if the noise turns out to be an actual signal of a change in the trend.

A dynamic approach using machine-learning techniques

Sometimes the trade-off between reactivity and stability is dealt with by a static weighting between fast and slow signals. A dynamic approach is based on some conditioning variables that allow the weights to change with time and conditions.

While the simplicity of the static approach is attractive, we find the dynamic approach more appealing and also more intuitive: When markets are more volatile, we believe investors tend to be more short-sighted and the shorter-term signal should be overweighted. When markets are calmer, investors may be prone to just letting their winners run and the longer-term signal should be overweighted.

We use a machine-learning technique to help us identify regimes in which fast or slow trend are likely to outperform. We found that using the trailing one-month volatility of equity

markets has been useful in adjusting weights to the fast and slow signals. (For detailed analysis, see “Trending Fast and Slow,” *The Journal of Portfolio Management* 48, no. 3, February 2022.)

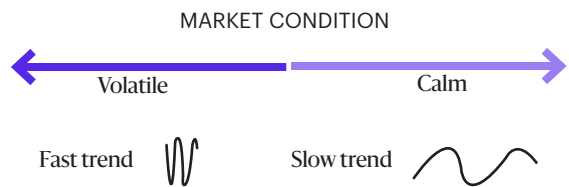
Dynamic trend approach

INTUITION

Trend is a powerful concept to capture complex human behavior exhibited by the herding phenomenon and anchoring effect.

CHALLENGE

The speed of the signal matters. Different signals work in different market environments. How do we define market volatility?



POTENTIAL BENEFITS

Machine learning helps identify the level of volatility. Using an advanced statistical toolbox helps gain insight from investor behavior.

RESULT

The strategy can dynamically move between fast and slow trend signals, depending on the market environment. A dynamic approach may improve risk-adjusted returns.



Still using the previous three-asset universe and with the same time period, we further explore the value of applying the dynamic approach between fast and slow trend in Exhibit 3. Two sets of simulated results are shown here:

- **Static allocation:** Gives an equal weight to the fast signal and to the slow signal.
- **Dynamic allocation:** Uses the volatility-based regime identification technique to adjust the weights, giving more weight to the fast signal in a high-volatility regime and more weight to the slow signal in a low-volatility regime.

EXHIBIT 3: THE DYNAMIC APPROACH IMPROVES RISK-ADJUSTED RETURNS

STATISTICS FOR STATIC AND DYNAMIC ALLOCATION TREND

	STATIC ALLOCATION: EQUAL WEIGHTS FOR FAST AND SLOW	DYNAMIC ALLOCATION: VOLATILITY-BASED WEIGHTING	IMPROVEMENT
Annual return	3.7%	4.0%	+0.3%
Annual volatility	5.5%	5.5%	-
Sharpe ratio	0.68	0.72	+0.04

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Sources: Bloomberg, Federal Reserve Economic Data, and Allspring Global Investments calculations, February 1965 to June 2022. The trend strategy is constructed by running the Allspring proprietary trend signal based on price momentum over the short-to-medium term on the S&P 500 futures, U.S. 10-year Treasury futures, and the Bloomberg Commodity Index (BCOM) excess return to represent commodities. Proxy calculations were used before the futures returns data became available for S&P 500 futures and U.S. 10-year Treasury futures.

Over our sample period, we have found that even with this basic setup, the dynamic allocation method outperformed the static approach. Not only did it improve the return from 3.7% to 4.0% but, more importantly, this was achieved without taking extra risk, which improved the Sharpe ratio from 0.68 to 0.72.

Setting the trend

Financial assets are typically sensitive to economic cycles. In a high-inflationary environment, equities and bonds tend to underperform. On the contrary, the drivers for ARP strategies such as trend are less tied to economic cycles and may provide good diversification across different regimes.

Managing a trend strategy does come with the unique challenge of balancing signal reactivity and robustness. We find that investors may achieve a better outcome through machine learning-based techniques by dynamically allocating the trend signal weight between fast and slow signals.



To learn more

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